

Havin' A Crappie Day

5k and 1 Mile *Stockton State Park Marina*

April 4, 2015

FUNDS BENEFIT ADDITIONAL TRAIL IMPLEMENTATION/MAINTENANCE AND HEALTHY FAMILY ACTIVITIES WITHIN STOCKTON STATE PARK.

We **MUST** receive your registration **BY 3-27-15** if you would like a race shirt.

Adult shirts will be long sleeve tech shirts. Kids will receive cotton t-shirts.

Visit www.actnowracing.com to register online!

Take the Crappie Challenge! Participate in both the 1 mile & 5k. The fastest combined time of mile & 5k wins.

**Please make sure you are able to complete the mile in ample time to be back and ready for the 5k.*

5k (<u>before</u> 3-27)	\$20
5k (after 3-27 & race day)	\$25
1 Mile	\$15
Crappie Challenge (<u>before</u> 3-27)	\$30
Crappie Challenge (after 3-27 & race day)	\$35

Packet Pick Up & Race Day Registration: 7:30-8:45

Location: South Shelter at Stockton State Park

1 Mile: 8:45am

5k: 9:15am

AWARDS

***5k Overall Male & Female: \$100, custom plaque & 2016 entry**

5k 2nd Place Male & Female: \$50

5k 3rd Place Male & Female: \$25

***Awards to 5k Masters M/F – custom plaque & 2016 entry**

***Custom Medals to Top 3 M/F in these Age Groups (5k Only): 0-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+**

***Custom Plaque to Overall M/F Crappie Challenge Winner**

*****Medals to all kids under 12 in the 1 mile*****

Course Records

Male: 16:13 (T.Jay Sanderson 2014) Female: 20:18 (Cindy Carver 2011)

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____ RACE: 5K / 1 Mile / Crappie Challenge

CITY: _____ STATE: _____ ZIP: _____

PHONE: (_____) _____ GENDER: M / F AGE ON RACE DAY: _____

EMAIL: _____ SHIRT SIZE: **Adult (Unisex long sleeve tech):** S M L XL XXL (+\$3 for XXL)
Youth (cotton t-shirt): S M L

Waiver: I understand running is a potentially hazardous activity. I should not enter and participate unless I am physically fit, mentally able, and properly trained. I agree to abide by any decision of the race officials relative to my ability to safely complete the run. I certify I am in good health and properly trained to run the distance of this race. I assume all risks associated with running in this event, all risks being known and being appreciated by me. I understand my entry fee is non-refundable. Having read this waiver and knowing these facts, and considering your accepting my entry into this running event, I, for myself and anyone entitled to act on my behalf, waive and release, Stockton State Park and Marina, Ozark Mountain Ridge Runners, ActNow Promotions/Racing, their officials, directors, agents, volunteers, and employees, sponsors, and all affiliates, of all claims or liabilities of any kind arising from my participation in this event even though that liability may arise out of the negligence or carelessness on the part of the persons and/or entities named in this waiver. I grant permission to the abovementioned to use my photographs, videos, recordings, or any other recording for further promotional purposes. I understand there will be no refunds. I understand that by not meeting the early registration date, I will not receive a race t-shirt.

Signature: _____ Date: _____

(Parent or Guardian signature required if participant is less than 18 years of age)

Make checks payable to / Mail Entry forms to: **Stockton State Park Marina - PO Box 429, Stockton, MO 65785**