



The Dam Run

Sponsored by Stockton Lake Sertoma Club

Saturday, May 9, 2015

Who: Come one, come ALL! All ages welcome at the **5th Annual DAM RUN!** 5K & 10K timed runs will have the following timed divisions: Male & Female ages 0-12, 13-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+

What: *1 mile Fun Run and/or Walk across our beautiful Man-Made lake, created by damming the Sac River in 1969

*Timed 5K and 10K races on a course mixed with asphalt and packed limestone, crossing our very own 46 year old Dam & enjoying part of our multi-use trails that hug the shoreline. Timing chips will be affixed to the bibs and time will begin and end once runner crosses start/finish lines.

*MEDALS!!! Top 3 finishers in each age division. Overall Male. Overall Female.

*FREE STUFF!!! Plenty of bottled water & recovery snacks as well as a Dam t-shirt

Where: Stockton Lake Dam Entrance **WEST**. We are situated just 24 miles West of Bolivar on Hwy 32

When: **Saturday, May 9, 2015**. Fun Run begins at 8:45am with the 5K & 10K timed races to immediately follow at **9am**.

Why: Proceeds from the event will be evenly distributed to Sertoma Inc., a charitable organization focused on improving hearing health, and Stockton Lake Sertoma, a local Sertoma affiliate with an interest in the youth & community advancement of the Stockton Lake community.

How: REGISTER NOW! Online @ <http://actnowracing.com/events/the-dam-run/112/>

*Mail this form to Stockton Lake Sertoma, PO Box 862, Stockton, MO 65785 with your payment.

*Return registration form and payment to Dam Run Committee Chairs Maranda Taylor, Chelsi Haun or Kelly Roy; available to contact at stocktonlakesertoma@gmail.com or 417.317.4956

How Much: ONLY \$20! Checks made payable to *Stockton Lake Sertoma Club*

(prices will increase by \$5 after May 1st deadline!!)

READ WAIVER BEFORE SIGNING: I know that running/walking a road race is a potentially hazardous activity and I should not enter unless I am medically able and properly trained. I understand it is my duty to watch for course defects & traffic. Knowing these facts, & in consideration of accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who may claim on my behalf, covenant not to sue and waive release and discharge Stockton Lake Sertoma Club, the U.S. Army Corps of Engineers, City of Stockton, race committee members, volunteers, local and state police and emergency services, including any & all of their agents, employees, assignees, or anyone acting for or on their behalf, from any and all claims or liability or detail or personal injury. Minors (18 or younger) are only accepted with a parent or guardian signature. I have read and understand this waiver.

Name: _____ **Race Day Age:** _____ **Sex:** _____ **Race:** 5K 10K FunRun/Walk

Address: _____ **Phone:** _____ **Email:** _____

City: _____ **State:** _____ **Zip:** _____ **Shirt size:** S M L XL XXL

Runner/Walker Signature: _____ Date: _____

Parent/Legal Guardian for participants under 18: _____ Date: _____