

Runners, joggers, walkers and families are all invited to the 12th Annual Mercy Me Run on Saturday, April 18th.

This year's event features a 5K and 10K race.

Both events begin at 8:30 a.m. at Mercy Fitness Center. Parking will be available at the hospital south lot near urgent care and the pharmacy. T-shirts are guaranteed for participants who register by March 31. Additional t-shirts may be available for purchase on race day.

Who Benefits?

Proceeds will benefit Mercy Park. Mercy Park is conveniently located on the campus of Mercy Hospital Lebanon and will include a quarter-mile asphalt walking track, circuit stations, a pavilion with picnic tables and a playground. Funds from the Mercy Me Run will specifically assist in the purchase of a circuit station for the park. Mercy Park will be open to the community and promises to be a place to enjoy the beauty of nature in a peaceful and serene environment.

Awards

An award ceremony will be held in the south parking lot following the event. A trophy will be awarded to the first place male/female finisher in both the 5K and 10K. Medals will be awarded for the top three finishers in each gender and age group.

5K Age Groups: Stroller, 7 and under, 8-12, 13-16, 17-22, 23-29, 30-39, 40-49, 50 and up

10K Age Groups: 19 and under, 20-29, 30-39, 40-49, 50 and up

12th Annual Mercy Me Run

5K and 10K begin at 8:30 a.m.

Race begins at:
Mercy Fitness Center
515 Cowan Drive
Lebanon, MO

Visit mercy.net/mercymerun or call 417-533-6680 for more information.

Sponsored by:



12th Annual

MercyMeRun

Mercy Hospital Lebanon 2015



Saturday, April 18, 2015

5K and 10K Run/Walk

Location:

Mercy Fitness Center | Lebanon



Your life is our life's work.

mercy.net

Registration Information (Please print clearly)

Event (check one): 10K 5K

Last Name _____ First Name _____ MI _____

Address _____

City _____ State _____ ZIP Code _____

Daytime Phone _____

E-mail Address _____

Date of Birth _____ Age on Day of Race _____ Male Female

T-shirt size: Youth or Adult YS YM YL AS AM AL AXL A2XL A3XL

Unisex Adult Long Sleeve, Unisex Adult Short Sleeve, Misses/Junior Fit Short Sleeve and Youth Short Sleeve

(Options available only until March 31st)

Waiver: I understand that running a road race is potentially a hazardous activity. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of weather including moisture, high heat and/or humidity, traffic and the conditions of the road, all such risks being well-known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Mercy Hospital Lebanon, event vendors and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant the right of Mercy and all of the foregoing to use a photograph, motion picture, video tape recording and any other record of this event for any legitimate or commercial purposes.

Signature _____ Date _____

Parent or Guardian Signature (for participants under 18)

- **Early Bird Registration Fees | Now - March 31 (Includes t-shirt) | Adult (18+) \$15 / Youth \$10**
- **Registration Fees | April 1 - 17 (T-shirt not guaranteed) | Adult (18+) \$20 / Youth \$15**
- **Race Day Registration Fees | April 18 (T-shirt not guaranteed) | Adult (18+) \$25 / Youth \$20**

Payment

Mail your completed registration form and check payable to:

Mercy Hospital Lebanon

Attn: Fitness Center

100 Hospital Drive

Lebanon, MO 65536

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Register online at mercy.net/mercymerun



Packet Pick Up

Friday, April 17th | 10 a.m. - 6 p.m.

Saturday, April 18th | 7 - 8:15 a.m.

Mercy Fitness Center

515 Cowan Drive | Lebanon, MO 65536

Please Note:

1. Each entrant **MUST** complete and sign a separate registration form and event waiver.
2. Additional forms may be downloaded at mercy.net/mercymerun
3. **We encourage you to go the extra mile!**
Extra monetary donations will gladly be accepted on registration and race days.