



# The New Year's Eve Ravenwood Mile

WEDNESDAY, DEC. 31, 2014, 4:00 PM – HEBREWS COFFEE – SPRINGFIELD, MO

- ✓ **Date & Time:** Race begins Wednesday, December 31, 4:00 pm.
- ✓ **Weather:** The average temperature at the race start is 42 degrees.
- ✓ **Registration:** By mail (complete/mail entry form), online at [ActNowRacing.com](http://ActNowRacing.com), or at the race (\$5 late fee on race day).
- ✓ **Fees:** Before race day: **\$10 (no refunds)**. Race day: **\$15 (no refunds)**.
- ✓ **Registration:** On-site registration/packet pickup on 12/31/14 from 3:00-3:45 pm at Hebrews Coffee.
- ✓ **Location:** Hebrews Coffee, 1604 E. Republic Rd., Springfield, MO
- ✓ **Shirts:** There are no shirts for this event.
- ✓ **The Course:** One mile, some flat, mostly downhill. Race proceeds south, so a north wind will be at your back.
- ✓ **Awards:** Medals to Male/Female Overall, Male/Female Pre-teen, Male/Female Masters (40+), Male/Female Grandmasters (60+), Top 3 in ten year age groups.
- ✓ **Race Director:** Richard Johnson, [RichardJohnson@MissouriState.edu](mailto:RichardJohnson@MissouriState.edu), 417 459-9340
- ✓ **Register NOW at [ActNowRacing.com](http://ActNowRacing.com).**

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## THE NEW YEAR'S EVE RAVENWOOD MILE

Dec. 31, 2014, race start 4:00 PM, Hebrews Coffee, 1604 E. Republic Rd, Springfield, MO

First name \_\_\_\_\_ Last name \_\_\_\_\_ Gender: \_\_\_M \_\_\_F

Age on 12/31/14 \_\_\_\_\_ Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Fee:** \$10 (\$15 on race day)

**Make checks payable to Please Help Me Run.**

**Mail check and form (by Dec. 27) to Richard Johnson, 724 S. Weller, Springfield, MO, 65802**

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road. All such risks being known and appreciated by me, having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Please Help Me Run, the City of Springfield, ActNowRacing.com, and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any lawful purpose.

Signature: \_\_\_\_\_ Date \_\_\_\_\_ **Parent MUST sign if entrant is under 18 yrs. of age**

