

MSHSAA Track and Field Double Sectional Meet Schedule

Field Events

A = Class 4 Sectional 3 B = Class 5 Sectional 3

Pole Vault: This schedule will ROLL "if we fall behind" with 30 minute warm-up between events.

<u>8:30 – 10:20 a.m.</u>	<u>11:00 a.m. – 1:00 p.m.</u>	<u>1:30 – 3:30 p.m.</u>	<u>4:00 -6:00 p.m.</u>
Girls Pole Vault (A)	Girls Pole Vault (B)	Boys Pole Vault (A)	Boys Pole Vault (B)

Javelin: This schedule will ROLL "if we fall behind" with 15 minute warm-up between events.

<u>8:30 – 9:30 a.m.</u>	<u>11:00 a.m. – 12:00 p.m.</u>	<u>1:30 – 2:30 p.m.</u>	<u>4:00 -5:00 p.m.</u>
Girls Javelin (B)	Girls Javelin (A)	Boys Javelin (B)	Boys Javelin (A)

<u>9:00 – 10:30 a.m.</u>	<u>11:00 a.m. – 12:30 p.m.</u>	<u>1:00 – 2:30 p.m.</u>	<u>3:00 – 4:30 p.m.</u>
Boys High Jump (B)	Boys High Jump (A)	Girls High Jump (B)	Girls High Jump (A)
Girls Long Jump (B)	Girls Long Jump (A)	Boys Long Jump (B)	Boys Long Jump (A)
Boys Triple Jump (A)	Boys Triple Jump (B)	Girls Triple Jump (A)	Girls Triple Jump (B)
Girls Shot Put (A)	Girls Shot Put (B)	Boys Shot Put (A)	Boys Shot Put (B)

Discus: This schedule will ROLL "if we fall behind" with 15 minute warm-up between events.

<u>9:45 – 10:45 a.m.</u>	<u>12:00 p.m. – 1:15 p.m.</u>	<u>2:45 – 3:45 p.m.</u>	<u>5:15 -6:15 p.m</u>
Boys Discus (B)	Girls Discus (A)	Girls Discus (B)	Boys Discus (A)

Running Events

Note: Class 4 will go first in each event.

11:00	Girls	4x800 meter Relay
11:30	Boys	4x800 meter Relay
12:00	Girls	100 meter Hurdles
12:10	Boys	110 meter Hurdles
12:20	Girls	100 meter Dash
12:30	Boys	100 meter Dash
12:40	Girls	4x200 meter Relay
12:50	Boys	4x200 meter Relay
1:00	Girls	1600 meter Run
1:20	Boys	1600 meter Run
1:40	Girls	4x100 meter Relay
1:50	Boys	4x100 meter Relay
2:00	Girls	400 meter Dash
2:10	Boys	400 meter Dash
2:20	Girls	300 meter Hurdles
2:30	Boys	300 meter Hurdles
2:40	Girls	800 meter Run
2:50	Boys	800 meter Run
3:00	Girls	200 meter Dash
3:10	Boys	200 meter Dash
3:20	Girls	3200 meter Run
3:50	Boys	3200 meter Run
4:20	Girls	4x400 meter Relay
4:30	Boys	4x400 meter Relay