



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

**ARMED FORCES 5K AND KIDS' FREEDOM FUN RUN**

**HONOR  
 THOSE WHO  
 SERVE**



**SATURDAY, 5.23.15**  
**START TIME: 8:30AM**

This year's race event features a 5K and a NEW One-Mile Kids' Freedom Fun Run.

The Armed Forces 5K will begin and end at Joplin Family YMCA's Downtown branch. People of all ages and fitness levels are welcome to walk or run in this annual event.

Awards and refreshments following the race. This event will be held rain or shine.

Proceeds benefit the Joplin Family YMCA military discount program.

**PREREGISTRATION DEADLINE:**  
**MAY 1**

(to guarantee race shirt)

- \$25 Pre-registration through May 1
- \$30 Registration May 2 - May 22
- \$35 Race day registration (7:00am-7:45am at the Joplin Family YMCA Downtown branch)
- \$5 Optional customizable back bib to honor your armed forces loved one

**ONE-MILE KIDS' FREEDOM FUN RUN:**

\$15 Registration

Armed Forces 5K     One-Mile Kids' Freedom Fun Run    (one registration form per person)

Name \_\_\_\_\_ Gender:  M  F    Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Customizable back bib in honor of your armed forces loved one (Add \$5 to registration fee)

Select shirt style and size (Ladies' Cut only available to those registering by May 1)

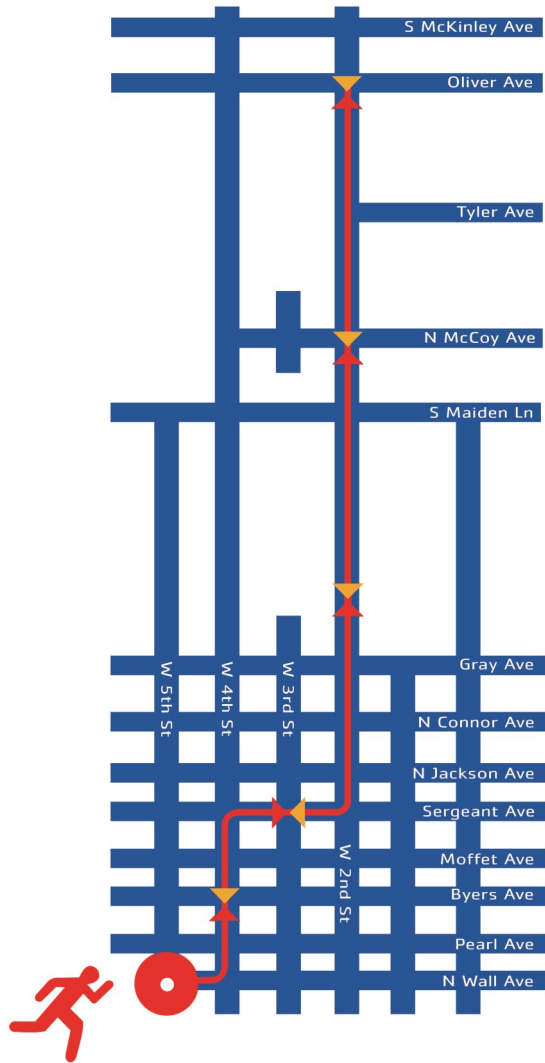
- Youth Shirt (circle size)    XS    S    M    L
- Unisex Shirt (circle size)    XS    S    M    L    XL    2XL
- Ladies' Cut Shirt (circle size)    XS    S    M    L    XL    2XL

Date \_\_\_\_\_ Amount Paid \_\_\_\_\_ Staff \_\_\_\_\_ 5K Reg. Code: 01FTAFR    Fun Run Reg. Code: 01FTKFR



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# ARMED FORCES 5K 2015 RACE ROUTE



**START:** Joplin Family YMCA Downtown

Head north on Wall Ave. Turn west onto 4th Street. Turn north on Sergeant Avenue, then west on 2nd Street. Continue west until turnaround point.

**FINISH:** Joplin Family YMCA Downtown

**Child care will be available at no additional charge for race participants from 7:30am – 9:30am.**

**Complimentary photos of both the Armed Forces 5K and the Kids’ Freedom Fun Run will be available for download at ScoutFoto.com. Photos are searchable by bib number.**

## SCHEDULE

All events take place at Joplin Family YMCA Downtown Branch

<b>Pre-Race Packet Pickup</b>	Friday, May 22, 8:00am – 9:00pm
<b>Race Day Registration</b>	7:00am – 7:45am
<b>Complimentary Child Care</b>	7:30am – 10:00am
<b>Kids’ Freedom Fun Run</b>	8:00am
<b>Armed Forces 5K</b>	8:30am
<b>Awards Presentation</b>	9:45am

## AWARDS

Awards for the Fun Run will be given to the top three male and female finishers.

Awards for the 5K will be given to the top three male and female finishers in each of the following age categories:

12 and under	13 – 15	16 – 19	20 – 29
30 – 39	40 – 49	50 – 59	60+

**For more information, please call the Y at 417 781 YMCA.**

In consideration of your acceptance of this form, I hereby waive, release and forever discard all claims, rights and causes of action of any kind or nature for myself, my heirs, executors and administrators, against sponsors and organizers of the Joplin Family YMCA Armed Forces 5K, their agents, servants, officers, employees, directors, representatives and assigns for injury or illness which may directly or indirectly result from my participation in the Joplin Family YMCA Armed Forces 5K, and I further agree to save and hold said parties harmless and agree to indemnify each of said persons against all liability for any loss, cost, injury or damage to persons or property which may arise by virtue of the undersigned engaging in the Joplin Family YMCA Armed Forces 5K. I further state that I am in proper physical condition to participate in this event. I recognize the sponsors have not undertaken to provide undersigned with any medical care, treatment or advice concerning my participation. I give the Joplin Family YMCA permission to use any pictures taken of me while participating in the Armed Forces 5K for the purposes of their own advertising.

Signature

Date

(if under 18, parent/guardian must sign)

Return completed and signed form to either Joplin Family YMCA location: 510 Wall Ave., Joplin, MO 64801 or 3404 W. McIntosh Circle Drive, Joplin, MO 64804.