

# BACK ON MY FEET 5K



**SATURDAY 11.08.14**  
**REGISTRATION: 7 A.M.**  
**RACE: 8 A.M.**



*"Eliminating Poverty from the Inside Out."*

## Race Fees

### PRE-REGISTRATION

\$25 (13 & above)  
 \$20 (12 & below)

### DAY OF RACE REGISTRATION

\$30 (13 & above)  
 \$25 (12 & below)

- No refunds will be issued for event
- Event will take place rain or shine
- Must pre-register on or before 11/01/14 to guarantee a shirt

## Race Information

### REGISTRATION DEADLINE

Registrations will be taken through 7:30 a.m. on race day (Nov. 8)

### RACE PACKETS

Packets may be picked up on Friday, Nov. 7 at Springfield Victory Mission from 2 p.m. - 5 p.m. or on race day from 7 - 7:30 a.m.

### RACE ASSISTANCE

- **Laura Rush**, 417-864-2219 or lrush@victorymission.com
- **Andrea Simkins**, 417-864-2248 or asimkins@victorymission.com

## Race Registration

### IN PERSON:

Springfield Victory Mission  
 1715 N. Boonville Ave.  
 Springfield, MO 65803

### MAIL:

Attention: Laura Rush  
 P.O. Box 2884, Springfield, MO 65801

### ONLINE:

www.actnowracing.com

*AWARDS: The top three males and females will receive a plaque. The top three runners in the children's division (12 & under) will receive a plaque.*

Name:		
Gender: ( ) M ( ) F	Age:	
Address:		
City:	State:	Zip:
Phone #:		
Email:		
<b>PLEASE MAKE CHECKS PAYABLE TO SPRINGFIELD VICTORY MISSION</b>		
Payment Amount:		
T-Shirt Size: (size is only guaranteed for those who register by Nov. 1; please circle below)		
Youth Size S M L Adult Size S M L XL 2XL		

### ALL PARTICIPANTS: READ CAREFULLY & SIGN ACKNOWLEDGEMENT, WAIVER & RELEASE FROM LIABILITY

In consideration of the acceptance of this entry in the *Back on My Feet 5K 2014*, I hereby waive, release and forever discharge any and all rights and claims for myself, my heirs, executors and assigns, against the organizers of this event or any of their affiliates, agents, employees, representatives or servants. This release includes, but is not limited to, Springfield Victory Mission, the City of Springfield, MO and their agents, employees, representatives and assigns. This release is to include any and all claims from personal injury, illness or damage that may directly or indirectly result from my participation in this event. A parent or guardian must sign for individuals under the age of 18.

**SIGNATURE OF PARTICIPANT (PARENT / GUARDIAN IF PARTICIPANT IS A MINOR):**

Date \_\_\_\_\_