

# FORDLAND COMMUNITY CARE DAY

Pancake Breakfast | 5K Run | Auction  
Vendors | Games | Music | Kids Fun Run

Presented by:  **care to learn**  
HEALTH • HUNGER • HYGIENE  
FORDLAND

**September 17th**

**What:** Fordland Community Care Day and 5K Character Run/Walk & Kid Character Fun Run

**When:** September 17, 2016 – 5K Run/Walk @ 8:00am & Kid Fun Run @ 9:00 a.m.

**Where:** Run begins at Fordland City Park

Care To Learn – Fordland is partnering again this year with ActNow Racing who will be in charge of the 5K Run/Walk. You may visit their website at [www.actnowracing.com](http://www.actnowracing.com) for more information.

5K Run Divisions: Male and Female:

10 & Under, 11-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and Up.

Kid Fun Run Divisions:

5 & Under, 6, 7, & 8

Awards will be presented at the Fordland City Park immediately after the race finishes. The top 3 finishers of each division of the 5K Run will receive an award. The Kid Fun Run will have prizes for the top runner in each age group. All Kid Fun Run participants will receive a medal for finishing.

Registration:

In order to be guaranteed a t-shirt in your requested size, we must receive your registration by **August 27<sup>th</sup>, 2016.**

Pre-Registration (includes t-shirt):

Adults \$20      Child (K-12) \$10

Day of Race (t-shirt **not** guaranteed):

Adults \$30      Child (K-12) \$15

Please see attached form for mailing your registration or submitting it online.  
The race will take place rain or shine.

Thank you!

Care To Learn – Fordland

You may stay up to date with any additional information by visiting us on our race page at [www.facebook.com/CTL5K](http://www.facebook.com/CTL5K) or our main Care To Learn – Fordland page at [www.facebook.com/C2LFORDLAND](http://www.facebook.com/C2LFORDLAND).

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## REGISTRATION FORM

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Email \_\_\_\_\_

Circle One: Walk | Run | Kid Fun Run

Circle One: Male or Female

### **Registration**

Adult \$20

Child \$10

### **Select T-Shirt Size**

Adult T-shirt size: S M L XL 2XL

Child T-shirt size: S M L XL

Make payment payable to: **Care To Learn - Fordland**

Mail registration form with payment to: **5144 State Hwy FF, Fordland, MO 65652**

Registration & Credit Card payments are also accepted online at:

[www.actnowracing.com/CTL5K](http://www.actnowracing.com/CTL5K)

## **WAIVER AND RELEASE**

### **Must sign release to participate**

I have read the accompanying event information and understand the policies of the event. I know that running and walking a race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, **NOTE** - including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue **and WAIVE, RELEASE AND DISCHARGE Care To Learn - Fordland Fundraiser 5K Run**, the Town of Fordland, all sponsors, race officials, workers or volunteers, their representatives, successors or assigns for **ANY AND ALL** claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above-mentioned sponsors, organizers and or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or other record of the vent for any reasonable purpose.

Signature of Participant \_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_  
(Signature of Parent or Guardian if entrant is age 17 or under)