

Why do you run?

Today, we run in honor of those who are not able to. We run because we can.

Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's Disease, is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. Voluntary muscle action is progressively affected when motor neuron cells die, and patients in the later stages of the disease may become totally paralyzed. Yet, through it all, most people's minds remain unaffected. Life expectancy for most people with ALS is usually two to five years following diagnosis, but with recent advances in research and improved medical care, many patients are living longer, more productive lives. As many as 30,000 Americans may be currently affected by ALS, and there is no known cause and no cure for ALS.

Haley's Hope was established in honor of a beloved daughter, sister, and friend—Haley Stevens—who was diagnosed with ALS at the age of 16. During her short battle, her family and friends knew that the only way to help others afflicted with this awful disease was to start raising money to help others afflicted with this in our area.

Today, you run—in Haley's memory—to spread awareness and to raise money for a cure.

Haley's Hope Harder Than Hell
1/2 Marathon
451 South Union
Springfield, MO 65802



2014 Harder Than Hell 1/2 Marathon



Staging:
Nixa High School
Nixa, MO

Saturday, August 16, 2014
7:00 p.m. start time

2014 Haley's Hope Harder Than Hell 1/2 Marathon
Nonrefundable Entry Fee— \$ 65 per person
(\$ 70 per person on race day, 08/16/14)
___ check here & save \$10 if you also run the Hot N Hilly

First Name: _____

Last Name: _____

Gender: Male Female AGE on 08/16/2014: _____

Address: _____

City/State/Zip: _____

REQUIRED (For Transport Grouping) EMAIL Address: _____

Phone: _____

Shirt Size: S M L XL

WAIVER

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including, but not limited to falls, contact with other participants, the affects of the weather and the conditions of the roads, all such risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I also am fully aware that baby strollers and wheels of any kind (except competitive wheelchairs), animals, and headphones are strictly prohibited and I agree not to have them on the course. Furthermore, I agree not to go back onto the course after finishing. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all claims or liability for death, personal injury, or property damage of any kind of nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors or agents authorized by them to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose. Applicants for minor accepted only with a parent or guardian signature.

Signature: _____

Parent MUST sign if entrant is under 18 years of age!

Date: _____

Payment Method: \$ ___ Enclosed

Check made payable to: Associated Theatrical Contractors
Memo Line: Haley's Hope—Harder Than Hell
Mail to ATC, 451 South Union, Springfield, MO 65802
Office Use Only: Total Received \$ _____
_____ Cash OR Check # _____

2014 Haley's Hope Harder Than Hell 1/2 Marathon Runners to receive a Finisher's Medal! (Limited to 125 Runners)

DISTANCE: 13.1 Miles (21.1 Kilometers)

DATE: August 16, 2014

STAGING: Nixa High School
514 S Nicholas Rd, Nixa, MO

TRANSPORT GROUPS: You will be notified via E-mail of your Transportation Group. Group one leaving at 6:20pm to start line; Group two leaving at 6:40pm to start line.

PARKING AREAS: The staging area will be at **NIXA HIGH SCHOOL** with transportation provided to and from the start/finish lines.

NO Vehicles Will Be Allowed At Two Rivers Bike Park!!

COURSE DESCRIPTION: The course holds a beautiful country setting beginning at Two Rivers Bike Park. It winds along the countryside through Shelvin rock before finishing at the bridge on Big Bend. Rolling hills and evening temperatures will make this a fun and challenging **half marathon**.

Link to course:

<http://www.allstartparktopark.com/theRace/pointDetail/18>

RACE START: 7:00 p.m. (rain or shine)

BIB PICKUP & RACE-DAY REGISTRATION:

August 15, 2014 at ATC 451 S. Union, Springfield, MO before 5:30pm or on race day at 6pm at Nixa HS.

ENTRY FEES: \$ 65 or \$55 if you also run the 5K/10K

Haley's Hope Hot N Hilly at 7am. Run both races and receive a commemorative sling bag as well!

REGISTRATION: Fill out the entire entry form and mail with payment (make payable to Associated Theatrical Contractors; memo line: Haley's Hope—Harder Than Hell) to ATC 451 South Union, Springfield, MO 65802

IN PERSON REGISTRATION: Register at Ultramax Sports or Associated Theatrical Contractors (ATC)

DONATIONS: Donations are gladly accepted and will be given to the Haley's Hope Foundation in memory of Haley Stevens.

SHIRTS: Early registrants (by 08/13/14) will receive great shirts on race-day. Later registrants will receive their shirts one week later by picking them up from ATC

AWARDS: Will be awarded to the overall, masters, and to the top three in 10-year age groups.

POST-RACE CELEBRATION: Please join us after the races for lots of great snacks and great music!

AID STATIONS: Hydration/Aid stations will be provided every 2 miles. Personal water bottles are recommended to be carried!

RECOMMENDATIONS: Lights, flashers, and reflective wear are highly recommended!

RACE DIRECTOR: Rod Pennington,
(417) 881-7595, rkpennington@mchsi.com



**Beat the course record:
Established June 14th All Star Park to Park Relay
Matt Selfert 1:30:31
Amy Robbins 1:36:05**

