

**LAKE REGIONAL 5K AGE GROUP RESULTS****SATURDAY, MAY 4, 2019**

Timed by



## 5K Top Males Overall based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	43	NIGHER ALFARO	20:19.50	6:33	46	M	OSAGE BEACH	5K

## 5K Top Females Overall based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	990	JADE FLETCHER	23:56.12	7:43	14	F	ROCKY MOUNT	5K

## 5K Age Group Results for Males 12 &amp; Under based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	748	RJ MATTHEWS	28:54.41	9:19	8	M	KAISER	5K
2	737	HUNTER JOHNSON	37:16.23	12:01	11	M	CAMDENTON	5K
3	47	GRADY BRICK	39:49.98	12:51	7	M	ELDON	5K
4	723	XAVIER FOWLER	44:35.16	14:23	8	M	LAKE OZARK	5K

## 5K Age Group Results for Females 12 &amp; Under based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	724	ADDSION FOWLER	26:11.37	8:27	12	F	LAKE OZARK	5K
2	716	AVA EMRY	46:02.48	14:51	7	F	CAMDENTON	5K
3	702	CHRISTINA BLUHM	51:20.47	16:34	5	F	IBERIA	5K
4	718	OLIVIA EMRY	51:44.82	16:41	9	F	CAMDENTON	5K

## 5K Age Group Results for Males 13-18 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	712	CAELAN DEHNER	31:14.45	10:05	16	M	OSAGE BEACH	5K
2	764	LANE RUSSELL	41:09.86	13:16	17	M	ELDON	5K
3	792	ZACHARY WILSON	45:10.62	14:34	14	M	OSAGE BEACH	5K

## 5K Age Group Results for Females 13-18 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	725	HALEY FOWLER	31:32.74	10:10	15	F	LAKE OZARK	5K

## 5K Age Group Results for Males 19-29 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	707	GAGE BURNAM	21:49.75	7:02	28	M	VERSAILLES	5K
2	741	NICK KRUSE	23:45.77	7:40	26	M	LINN CREEK	5K
3	771	JOE SCHATTSCHNEIDER	24:41.82	7:58	26	M	DES MOINES	5K
4	763	GRANT RUSSELL	24:55.93	8:02	23	M	ELDON	5K
5	767	FORREST RUSSELL	28:06.24	9:04	19	M	ELDON	5K
6	795	HAYDEN WITTELS	29:12.28	9:25	19	M	LAKE OZARK	5K
7	766	HUNTER RUSSELL	39:52.81	12:52	21	M	ELDON	5K
8	782	CONNOR THILL	40:49.60	13:10	21	M	CAMDENTON	5K
9	768	PARKER RUSSELL	42:44.69	13:47	25	M	ELDON	5K

## 5K Age Group Results for Females 19-29 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	730	ALEXANDRA HARKER	26:12		27	F	LEBANON	5K



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2	742	KATLYN KRUSE	28:30.70	9:12	26	F	LINN CREEK	5K
3	981	JODI WOLFE	28:47.08	9:17	28	F	CLIMAX SPRINGS	5K
4	772	JORDYN SCHELL	32:17.72	10:25	23	F	OSAGE BEACH	5K
5	770	LAURYN SALTS	33:04.10	10:40	26	F	OSAGE BEACH	5K
6	980	LINDSAY NOELL	33:14.79	10:43	29	F	CLIMAX SPRINGS	5K
7	774	SABRINA SCHESNOL	36:05.98	11:38	19	F	CAMDENTON	5K
8	744	BREANNE LINCH	36:06.32	11:39	21	F	CAMDENTON	5K
9	755	KATIE PARTRIDGE	55:52.40	18:01	23	F	ELDON	5K
10	756	KATIE PARTRIDGE	55:53.46	18:02	23	F	ELDON	5K

## 5K Age Group Results for Males 30-39 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	46	JUSTIN FARRELL	22:04.13	7:07	37	M		5K
2	1000	JONATHAN ZUST	27:47.40	8:58	36	M	ROSCOE	5K
3	982	ADAM WOLFE	29:03.37	9:22	31	M	CLIMAX SPRINGS	5K
4	758	JEFF QUILLEN	32:26.75	10:28	33	M	LAKE OZARK	5K
5	63	ANDY PILOTLE	32:49.47	10:35	30	M	CAMDENTON	5K
6	983	CODY NOELL	33:15.38	10:44	31	M	CLIMAX SPRINGS	5K
7	733	JONATHAN HENZE	37:16.63	12:01	39	M	CAMDENTON	5K
8	719	COBY EMRY	46:02.48	14:51	36	M	CAMDENTON	5K
9	777	BRAD SMITH	52:54.59	17:04	34	M	OSAGE BEACH	5K

## 5K Age Group Results for Females 30-39 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	64	CIERRA HILAND	24:20.98	7:51	32	F	AUGUSTA	5K
2	996	MELANIE CHAPMAN	24:26.13	7:53	39	F	LAKE OZARK	5K
3	997	BRITTNEY DEFRATES	25:02.11	8:05	35	F	LAKE OZARK	5K
4	999	DANIELLE RIORDAN	27:46.45	8:57	35	F	ST. CHARLES	5K
5	754	JESSICA PARKER	28:29.55	9:11	36	F	CAMDENTON	5K
6	778	KIMBERLY SOVCIK	33:17.96	10:44	32	F	LINN CREEK	5K
7	776	MADISON SIEN	36:57.11	11:55	30	F	LEBANON	5K
8	713	HEATHER DIXON	43:23.69	14:00	39	F	BASEHOR	5K
9	779	JENNI STOCK	47:29.83	15:19	37	F	CAMDENTON	5K
10	715	SAMANTHA EMRY	51:29.68	16:36	33	F	CAMDENTON	5K
11	752	RIA NEWCOMB	52:23.52	16:54	34	F	CAMDENTON	5K
12	743	SARAH LEMPEA	52:26.04	16:55	35	F	CAMDENTON	5K

## 5K Age Group Results for Males 40-49 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	708	SAM CASELLA	22:20.54	7:12	47	M	SUNRISE BEACH	5K
2	721	ANDY FISHER	22:47.00	7:21	42	M	LEBANON	5K
3	749	MARK MATTHEWS	24:27.64	7:53	44	M	KAISER	5K
4	775	DR. MICHAEL SCHULTE	27:00.35	8:43	45	M	CAMDENTON	5K
5	48	SCOTT BRICK	28:31.19	9:12	41	M	ELDON	5K
6	992	MIKE KELLEY	29:44.60	9:35	44	M	OSAGE BEACH	5K
7	722	SHAWN FOWLER	34:44.94	11:12	45	M	LAKE OZARK	5K
8	703	HENRY BLUHM	52:06		49	M	IBERIA	5K



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## 5K Age Group Results for Females 40-49 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	787	SARAH WHITE	25:07.63	8:06	40	F	LEAVENWORTH	5K
2	731	KIM HEGGER	27:26.57	8:51	42	F	OFALLON	5K
3	726	AMY FOWLER	27:51.93	8:59	41	F	LAKE OZARK	5K
4	747	DIANA MATTHEWS	30:59.43	10:00	49	F	KAISER	5K
5	791	CHRISTINA WILSON	36:23.84	11:44	48	F	OSAGE BEACH	5K
6	745	JENNIFER LINC	38:11.00	12:19	41	F	CAMDENTON	5K
7	709	MICHELLE COONEY	39:26.46	12:43	46	F	LINN CREEK	5K
8	49	CATHERINE BRICK	39:51.61	12:51	42	F	ELDON	5K
9	781	ANGELA THILL	41:50.37	13:30	46	F	CAMDENTON	5K
10	780	WENDI SYLVA	47:29.55	15:19	42	F	SUNRISE BEACH	5K
11	701	KENDRA BLUHM	51:45.73	16:42	45	F	IBERIA	5K

## 5K Age Group Results for Males 50-59 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	991	DALE LOCKHERT	28:18.27	9:08	56	M		5K
2	759	PETER RAO	28:56.37	9:20	52	M	OSAGE BEACH	5K
3	753	NIKE OGLE	29:16.14	9:26	51	M	OSAGE BEACH	5K
4	61	MARK BRICK	36:24.28	11:45	51	M	ELDON	5K
5	799	JOHN WOLFE	36:49.96	11:53	51	M	CLIMAX SPRINGS	5K
6	762	TRENT RUSSELL	42:44.22	13:47	56	M	ELDON	5K
7	734	JOHN INGERSOLL	52:17.10	16:52	51	M	SAINT ROBERT	5K

## 5K Age Group Results for Females 50-59 based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	727	THERESA FUENTES	28:59.99	9:21	56	F	CAMDENTON	5K
2	998	PAULA OCONNOR	29:08.80	9:24	55	F		5K
3	988	CAROLYN YOUNGBERG	31:00.27	10:00	56	F	LINN CREEK	5K
4	757	MIMI PRENGER	32:30.40	10:29	56	F	OSAGE BEACH	5K
5	784	RENEE VANDIVER	33:32.93	10:49	53	F	OSAGE BEACH	5K
6	984	JILL WOLFE	36:49.71	11:53	51	F	CLIMAX SPRINGS	5K
7	750	DONNA MITCHELL	37:03.14	11:57	59	F	LEBANON	5K
8	985	ANN WALTERS	38:04.72	12:17	54	F	OSAGE BEACH	5K
9	790	TINA WILSON	39:26.16	12:43	53	F	CAMDENTON	5K
10	761	KATHLEEN ROBBINS	41:20.40	13:20	51	F	SUNRISE BEACH	5K
11	773	JULIE SCHELL	42:03.35	13:34	53	F	OSAGE BEACH	5K
12	706	LUCY BULLOCK	42:34.76	13:44	58	F	OSAGE BEACH	5K
13	987	KATHY EIDSON	46:19.28	14:56	58	F	OSAGE BEACH	5K
14	60	RITA WINTERS	47:34.63	15:21	59	F	BOWEN	5K
15	71	MARGIE GUNTER	48:14.86	15:34	51	F	OSAGE BEACH	5K
16	728	KIM GERICKE	51:41.00	16:40	54	F	OSAGE BEACH	5K
17	738	CHRIS KING	51:41.27	16:40	54	F	ARNOLD	5K
18	765	JULIE RUSSELL	55:51.88	18:01	55	F	ELDON	5K

## 5K Age Group Results for Males 60 & Over based on Chi



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Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	735	STEVE IVERSEN	31:00.39	10:00	60	M	LAKE OZARK	5K
2	769	JOHN SABOURIN	33:05.71	10:40	61	M	ST LOUIS	5K
3	700	JAMES BACKSEN	33:06.15	10:41	67	M	LAKE OZARK	5K
4	793	TOM WISMER	34:27.76	11:07	62	M	CAMDENTON	5K
5	740	MUTHU KRISHNAN	44:08.02	14:14	65	M	OSAGE BEACH	5K
6	788	THOM WILKINS	46:59.84	15:09	72	M	LEBANON	5K

## 5K Age Group Results for Females 60 & Over based on Chip Elapsed time

Position	Bib	Name	Finish	Pace	Age	Gender	City	Division
1	995	KAY DELMOTTE	30:07.82	9:43	63	F	CAMDENTON	5K
2	794	CINDY WISMER	30:08.79	9:43	61	F	CAMDENTON	5K
3	720	LYNN FARRELL	36:27.46	11:45	65	F	OSAGE BEACH	5K
4	739	BHANUMATHY KRISHNAN	36:28.01	11:46	60	F	OSAGE BEACH	5K
5	994	CHERYL BILICK	36:41.47	11:50	75	F	MONTREAL	5K
6	786	KATHLEEN WEST	39:14.53	12:39	61	F	CAMDENTON	5K
7	704	CAMPBELL BRENDA	47:40.33	15:23	69	F	PEARL	5K
8	993	DEBBIE EVERMAN	50:30.24	16:17	61	F		5K
9	52	LINDA WEST	52:02.42	16:47	71	F	ROACH	5K
10	751	SUSAN NEAL	53:36.54	17:17	72	F	LINN CREEK	5K
11	797	JO GITCHELL	1:01:07.94	19:43	65	F	CAMDENTON	5K
12	798	DEE ZOOK	1:01:07.97	19:43	66	F	CAMDENTON	5K