

www.lostandfoundozarks.com

7th Annual Memorial Event 5K Run/Mile Walk

Planting Hope & Celebrating Lives

Jordan Valley Park

Thursday, May 26, 2016 at 7:00pm

5K Run/Mile Walk Registration Form

Pre-registration and packet pick-up: Wednesday, May 25th 12:00 Noon-6:00pm at Lost & Found Grief Center, 1555 S Glenstone Ave Springfield, MO 65804 Race day check-in and registration: 5:30pm-6:30pm at Jordan Valley Park Please mark ONE Option:

| I will participate in the 1-Mile walk | OR | I will participate in the 5k. |
|---------------------------------------|----------------|-------------------------------|
| Please comp | <u>olete e</u> | ntire form. |

| Adult Day of registration\$30 \$10Race T-shirt included! (While supplies last.)Child (12 & Under) Pre-registration\$10 \$15(While supplies last.)Child (12 & Under) Day of registration\$15Family/Team* registration\$20 per adult | | | <u>Adult</u> : S M L XL 2X Youth: S M L | |
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| participants, must pre-register | and mail forms in | togothor | <u></u> | |
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| Name: Date of Birth: | Age: | | | |
| Name: | | | | |

Phone number:_____E-mail Address:____

____I would like to join the mailing list and learn more about Lost & Found Grief Center.

Age Categories (circle one) 12 & Under 13-19 20-29 30-39 40-49 50-59 60-69 70 & Over

Make checks payable to Lost & Found Grief Center.

If mailing, send check and registration to Lost & Found Grief Center, PO Box 3008, Springfield, MO 65808 or register at www.actnowracing.com.

In consideration of the acceptance of this registration entry, I, the undersigned, assume full responsibility for any injury or accident which may occur during my participation in this race or while I am on the premise of this event; and hereby release and hold harmless all sponsors, promoters, persons or entities associated with this event from any and all injury damages whether it be caused by negligence of the sponsors or otherwise. I am physically fit and personally able to participate in this event. I am responsible for all lost or stolen items during the event or on the premises of the event.

| Signature: | Parent/Guardian (if under 18): | Date: |
|------------|--------------------------------|-------|
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If you wish to participate in the Dedication Garden and program in memory of a loved one, you may purchase a flower at **www.lostandfoundozarks.com** for \$10. Please allow enough time to check-in for the race and pick up your flower(s) before the program starts at 6:15 PM.

Lost & Found Grief Center provides grief support services, at no charge, in a safe and supportive environment for children, young adults, and their families grieving the death of a loved one.