



 LEUKEMIA & LYMPHOMA SOCIETY®
fighting blood cancers

NUT RUN

10K and 5K timed run and 1 mile fun run/walk

Saturday, September 26, 2015-7:30 A.M.

Enjoy the Annual Black Walnut Festival after the run.

- Location:** Stockton Square at the junctions of Hwy 32 and 39
- Age Div.:** Male and Female: 0-14, 15-24, 25-34, 35-44, 45-54, 55+.
- Awards:** Top 2 finishers male/female in all divisions of 5K and 10K.
- Course:** Flats and hills, straights and curves, city and back roads, this course has it all. As with all road races, runners must be observant as the course will not be closed to traffic.
- Registration:** \$20 in advance of race (Must pre-register by Monday Sept. 21st to receive a t-shirt)
\$25 morning of race (registration 6:30-7:15)

Contact: Regina Merrick 417/777-1556

MAKE CHECKS PAYABLE TO: The Nut Run

Mail to: The Nut Run 10140 S Hwy M Dunnegan MO 65640

Name: _____ **Age** ____ **DOB** _____ **Sex** *M or F* **Race** *10K 5K or 1 Mile*

Address: _____ **Phone:** _____ **Email** _____

City, State, Zip: _____ **Shirt Size** *S M L XL* (guaranteed to pre-entrants)

PLEASE READ WAIVER BEFORE SIGNING. Waiver: I know that running a road race is a potentially hazardous activity. I know that I should not enter unless I am medically able and properly trained. I understand that it is my duty to watch for traffic and course defects. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf,

covenant not to sue, and waive and release and discharge Act Now Promotions, LLS Team in Training, City of Stockton, Stockton race officials, volunteers, local and state police including any and all of their agents, employees, assigns, or anyone acting for or on their behalf from any and all claims or liability for death, or personal injury. Minors are only accepted with a parent or Guardian's signature.

Today's Date: _____ **Signed:** _____

Parent or Legal Guardian: _____